

COVENTRY SCHOOL NURSING NEWSLETTER

Primary Schools

WELCOME



A big welcome to the autumn 2025 term! We hope you had a lovely summer and have settled into the back-to-school (or, for some of you, new to school) routine. We look forward to seeing you all this term, whether this is for the National Child Measurement Programme (NCMP) or an appointment we have arranged together.

This is a reminder that the school nursing service operates during school holidays as well. We work Monday to Friday 8:30am-5pm, excluding bank holidays and public holidays. Details are at the bottom of the page.

Here's a reminder of what the School Nursing team can support you with:

- Toileting
- Sleep
- Challenges with eating and diet
- Delivering the NCMP for Reception and Year 6 pupils
- Puberty
- Emotional health and how to relax
- Managing behaviour
- Hygiene

Be Active Be Healthy

The **Be Active Be Healthy (BABH)** team provides exercise and healthy lifestyle programs to improve children's health in Coventry. Their programmes help families reduce weight, increase physical activity, and adopt healthier long-term habits. To learn more about their services, visit

linktr.ee/be_active_be_healthy_team

Contact us (Monday to Friday, 9:00 AM - 5:00 PM, excluding bank holidays)

01926 495321 Ext 7494

swg-tr.contactschoolnursescoventry@nhs.net

School Readiness

Reception can seem a big step compared to nursery. The Coventry School Nursing Team are here to support your child with the transition and offer advice and with settling in and school readiness.

The Coventry School Nursing team offer hearing screening via our clinics and the NCMP (National Child Measurement Programme) which can help tackle any eating, diet or growth concerns.

We also encourage parents/carers to complete our Health Questionnaire which can highlight any areas of support your child may need at school. For further information please take a look at the following links, or contact the main office.

Toileting, Constipation and/or daytime and bedtime wetting support:



Health Questionnaire:

(Deadline to complete 17/10/2025, for reception parent/carer to complete only):

SCAN ME



Hearing Screening Clinics:

Hearing Screening Clinics for Reception Children

New Reception Starters from September 2025

September	October	November
Tuesday 30th September 2025 9:00am - 4:30pm Moat Family Hub, Deedmore Road, Coventry CV2 1EQ	Monday 27th October 2025 9:00am - 3:30pm Central Library, West Orchard Way, Coventry CV1 1FY Tuesday 28th October 2025 9:00am - 3:15pm Woodside Family Hub, Upper Ride, Willenhall, Coventry CV3 3GL	Tuesday 11th November 2025 9:00am - 4:00pm Mosaic Family Hub, Jardine Crescent, Coventry CV4 9PL Wednesday 26th November 2025 9:15am - 4:00pm Pathways Family Hub, Laurence Saunders Road, Radford, Coventry CV6 1HD

To book an appointment, contact the School Nursing team using the details below.
Please include the following details: child's full name, child's date of birth, school attended by the child, contact email address, telephone number, and preferred clinic location and date.

Tel: 01926 495321 Ext 7494
Email: Swg-tr.contactschoolnursescoventry@nhs.net

For more information about how to book please follow:



Contact us (Monday to Friday, 9:00 AM - 5:00 PM, excluding bank holidays)

01926 495321 Ext 7494

swg-tr.contactschoolnursescoventry@nhs.net

Text via ChatHealth

07507 329 114 (Parent Line)



<https://linktr.ee/coventringschoolnursing>



Coventry School Nursing Team



COVSCHOOLNURSES



COVENTRY

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Immunisations

It is important to make sure that your child is vaccinated against different illnesses. The Immunisation team will soon notify your local school about their upcoming visit to give the flu nasal spray. In the meantime, you can check your child's vaccination status by visiting the following link:
<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>.

Handwashing

With the cooler weather, we can expect more cold and flu outbreaks, as well as other bugs like Norovirus. It's important to remember to use good handwashing techniques and to remember "catch it, bin it, kill it!" Remember to wash your hands after blowing your nose, sneezing, or coughing to help stop the spread of germs. You can watch a video demonstrating good handwashing technique by following this link:
<https://www.nhs.uk/live-well/best-way-to-wash-your-hands/>



BONFIRE & FIREWORK SAFETY

Remember to follow these safety guidelines during fireworks and bonfire displays:

- Adults should supervise the activity.
- Stand a safe distance away from bonfires and firework displays.
- Light fireworks at arm's length.
- Do not store or light fireworks in pockets or on streets/roads.
- Never return to a lit firework.
- Ensure bonfires are extinguished before leaving them.
- Wear gloves when using sparklers as they can get hot enough to cause burns.
- Do not wave sparklers near people, and dispose of them in a bucket of water after use.
- If you catch fire, stop, drop to the floor, cover your face, and roll to help put out the fire. Share this method with others to raise awareness.

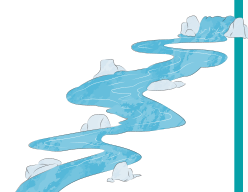


WATER SAFETY

Whilst you settle into the coming months, we wanted to take this opportunity to share some important safety messages with you. Stay away from the edge of waterways, lakes and ponds. At this time of the year, these can be more slippery and hidden beneath fallen leaves, frost, ice or snow.

When not walking in daylight, make sure you are walking in well-lit areas. Avoid walking near waterways in the dark.

Remember to stay off ice! Teaching children the importance of staying off ice as early as possible is vital. When waterways, lakes and ponds freeze over, we don't know how thick the surface ice is; it could break and plunge you to the depths of the water beneath it. Under no circumstances should you risk treading on ice!



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**Coventry School
Nursing Team**



COVSCHOOLNURSES

UNDER
CONSTRUCTION