



St Patrick's RSE and PSHE  
Yearly Overview  
Nursery-Year 6



# PSHE & RSE YEARLY OVERVIEW



## Nursery

Term	Ten:Ten- Life to the Full			My Happy Mind
	Theme			
	Created and Loved by God	Created to love others	Created to live in community (local, national and global)	
Autumn 1				
Autumn 2	<b>EYFS, Module 1:</b> Unit 1-Story Sessions: <a href="#">Handmade With Love</a>			<a href="#">Meet your brain</a>
Spring 1		<b>EYFS, Module 2, Unit 1:</b> Session 1: <a href="#">Role Model</a> <b>EYFS, Module 2, Unit 2:</b> Session 1: <a href="#">Who's Who?</a> Session 2: <a href="#">You've Got A Friend in Me</a> Session 3: <a href="#">Forever Friends</a>		<a href="#">Celebrate</a>
Spring 2		<b>EYFS, Module 2, Unit 3:</b> Session 1: <a href="#">Safe Inside and Out</a> Session 2: <a href="#">My Body, My Rules</a> Session 3: <a href="#">Feeling Poorly</a> Session 4: <a href="#">People Who Help Us</a>		<a href="#">Appreciate</a>
Summer 1			<b>EYFS, Module 3, Unit 1:</b> Session 1: <a href="#">God is Love</a> Session 2: <a href="#">Loving God, Loving Others</a>	<a href="#">Relate</a>
Summer 2			<b>EYFS, Module 3, Unit 2</b> Session 1: <a href="#">Me, You, Us</a>	<a href="#">Engage</a>



# PSHE & RSE YEARLY OVERVIEW



## Reception

Term	Ten:Ten- Life to the Full			My Happy Mind
	Theme			
	Created and Loved by God	Created to love others	Created to live in community (local, national and global)	
Autumn 1				<a href="#">Meet your brain lesson 1</a>
Autumn 2	<b>EYFS, Module 1, Unit 1</b> Story Sessions: <a href="#">Handmade With Love</a>			<a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a>
Spring 1	<b>EYFS, Module 1, Unit 2</b> Session 1: <a href="#">I Am Me</a> Session 2: <a href="#">Heads, Shoulders, Knees and Toes</a> Session 3: <a href="#">Ready Teddy?</a>			<a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a> <a href="#">Celebrate lesson 3</a>
Spring 2	<b>EYFS, Module 1, Unit 3</b> Session 1: <a href="#">I Like, You Like, We All Like!</a> Session 2: <a href="#">Good Feelings, Bad Feelings</a> Session 3: <a href="#">Let's Get Real</a>			<a href="#">Appreciate lesson 1</a> <a href="#">Appreciate lesson 2</a> <a href="#">Appreciate lesson 3</a>
Summer 1	<b>EYFS, Module 1, Unit 4</b> Session 1: <a href="#">Growing Up</a>			<a href="#">Relate lesson 1</a> <a href="#">Relate lesson 2</a> <a href="#">Relate lesson 3</a>
Summer 2			<b>EYFS, Module 3, Unit 1</b> Session 1: <a href="#">God is Love</a> Session 2: <a href="#">Loving God, Loving Others</a> <b>EYFS, Module 3, Unit 2</b> Session 1: <a href="#">Me, You, Us</a>	<a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a> <a href="#">Engage lesson 3</a>



**Year 1**

## PSHE & RSE YEARLY OVERVIEW



Term	Ten:Ten- Life to the Full			My Happy Mind
	Theme			
	Created and Loved by God	Created to love others	Created to live in community (local, national and global)	
Autumn 1				<a href="#">Meet your brain lesson 1</a> <a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a> <a href="#">Meet your brain lesson 4</a> <a href="#">Meet your brain lesson 5</a>
Autumn 2	<b>KS1, Module 1, Unit 1</b> Story Sessions: <a href="#">Let the Children Come</a> <b>KS1, Module 2, Unit 1</b> Session 1: <a href="#">God Loves You</a>			<a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a> <a href="#">Celebrate lesson 3</a> <a href="#">Celebrate lesson 4</a>
Spring 1		<b>KS1, Module 2, Unit 2</b> Session 1: <a href="#">Special People</a> Session 2: <a href="#">Treat Others Well...</a> Session 3: <a href="#">...and Say Sorry</a>		<a href="#">Appreciate lesson 1</a> <a href="#">Appreciate lesson 2</a> <a href="#">Appreciate lesson 3</a>
Spring 2		<b>KS1, Module 2, Unit 3</b> Session 1: <a href="#">Being Safe</a> Session 2: <a href="#">Good and Bad Secrets</a> Session 3: <a href="#">Physical Contact</a> Session 4: <a href="#">Harmful Substances</a> Session 5: <a href="#">Can You Help Me? (Part 1)</a> Session 6: <a href="#">Can You Help Me? (Part 2)</a>		
Summer 1			<b>KS1, Module 3, Unit 1</b> Session 1: <a href="#">Three In One</a> Session 2: <a href="#">Who is My Neighbour?</a>	<a href="#">Relate lesson 1</a> <a href="#">Relate lesson 2</a> <a href="#">Relate lesson 3</a>
Summer 2			<b>KS1, Module 3, Unit 2</b> Session 1: <a href="#">The Communities We Live In</a>	<a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a> <a href="#">Engage lesson 3</a> <a href="#">Engage lesson 4</a>



**Year 2**

## PSHE & RSE YEARLY OVERVIEW



Term	Ten:Ten- Life to the Full			My Happy Mind
	Theme			
	Created and Loved by God	Created to love others	Created to live in community (local, national and global)	
Autumn 1	KS1, Module 1, Unit 1 Story Sessions: <a href="#">Let the Children Come</a>			<a href="#">Meet your brain lesson 1</a> <a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a> <a href="#">Meet your brain lesson 4</a> <a href="#">Meet your brain lesson 5</a>
Autumn 2	KS1, Module 1, Unit 2 Session 1: <a href="#">I Am Unique</a> Session 2: <a href="#">Girls and Boys</a> Session 3&4: <a href="#">Clean and Healthy (My Body)</a>			<a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a>
Spring 1				<a href="#">Celebrate lesson 3</a> <a href="#">Celebrate lesson 4</a> <a href="#">Appreciate lesson 1</a> <a href="#">Appreciate lesson 2</a> <a href="#">Appreciate lesson 3</a> <a href="#">Relate lesson 1</a>
Spring 2	KS1 Module 1, Unit 3 Session 1: <a href="#">Feelings, Likes and Dislikes</a> Session 2: <a href="#">Feeling Inside Out</a> Session 3: <a href="#">Super Susie Gets Angry</a>			<a href="#">Relate lesson 2</a> <a href="#">Relate lesson 3</a> <a href="#">Relate lesson 4</a>
Summer 1				<a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a> <a href="#">Engage lesson 3</a> <a href="#">Engage lesson 4</a>
Summer 2	KS1 Module 1 Unit 4 Session 1: <a href="#">The Cycle of Life</a>		KS1, Module 3, Unit 1 Session 1: <a href="#">Three In One</a> Session 2: <a href="#">Who is My Neighbour?</a> KS1, Module 3, Unit 2 Session 1: <a href="#">The Communities We Live In</a>	



**Year 3**

# PSHE & RSE YEARLY OVERVIEW



Term	Ten:Ten- Life to the Full			My Happy Mind
	Theme			
	Created and Loved by God	Created to love others	Created to live in community (local, national and global)	
Autumn 1	<b>LKS2 Module 1, Unit 1</b> Story Sessions: <a href="#">Get Up</a> Session 2: <a href="#">The Sacraments</a>			<a href="#">Meet your brain lesson 1</a> <a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a> <a href="#">Meet your brain lesson 4</a> <a href="#">Meet your brain lesson 5</a>
Autumn 2		<b>LKS2 Module 2, Unit 1</b> Story Sessions: <a href="#">Jesus, My Friend</a> <b>LKS2 Module 2, Unit 2</b> Session 1: <a href="#">Friends, Family and Others...</a> Session 2: <a href="#">When Things Feel Bad</a>		<a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a> <a href="#">Celebrate lesson 3</a> <a href="#">Celebrate lesson 4</a>
Spring 1		<b>LKS2 Module 2, Unit 3</b> Session 1: <a href="#">Sharing Online</a> Session 2: <a href="#">Chatting Online</a>		<a href="#">Appreciate lesson 1</a> <a href="#">Appreciate lesson 2</a> <a href="#">Appreciate lesson 3</a> <a href="#">Appreciate lesson 4</a>
Spring 2		Session 3: <a href="#">Safe In My Body</a> Session 4: <a href="#">Drugs, Alcohol and Tobacco</a> Session 5: <a href="#">First Aid Heroes</a>	<b>LKS2 Module 3, Unit 1</b> Session 1: <a href="#">A Community of Love</a> Session 2: <a href="#">What is the Church?</a>	
Summer 1				<a href="#">Relate lesson 1</a> <a href="#">Relate lesson 2</a> <a href="#">Relate lesson 3</a> <a href="#">Relate lesson 4</a>
Summer 2			<b>LKS2 Module 3, Unit 2</b> Session 1: <a href="#">How Do I Love Others?</a>	<a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a> <a href="#">Engage lesson 3</a> <a href="#">Engage lesson 4</a>



# PSHE & RSE YEARLY OVERVIEW



## Year 4

Term	Ten:Ten- Life to the Full			My Happy Mind
	Theme			
	Created and Loved by God	Created to love others	Created to live in community (local, national and global)	
Autumn 1				<a href="#">Meet your brain lesson 1</a> <a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a> <a href="#">Meet your brain lesson 4</a> <a href="#">Meet your brain lesson 5</a>
Autumn 2	<b>LKS2 Module 1, Unit 1</b> Story Sessions: <a href="#">Get Up!</a>			<a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a> <a href="#">Celebrate lesson 3</a> <a href="#">Celebrate lesson 4</a> <a href="#">Appreciate lesson 1</a> <a href="#">Appreciate lesson 2</a>
Spring 1	<b>LKS2 Module 1, Unit 2</b> Session 1: <a href="#">We Don’t Have to be the Same</a> Session 2: <a href="#">Respecting our Bodies</a> Session 3: <a href="#">What is Puberty?</a> Session 4: <a href="#">Changing Bodies</a>			<a href="#">Appreciate lesson 3</a> <a href="#">Appreciate lesson 4</a>
Spring 2	<b>LKS2 Module 1, Unit 3</b> Session 1: <a href="#">What Am I Feeling?</a> Session 2: <a href="#">What Am I Looking At?</a> Session 3: <a href="#">I Am Thankful</a>			<a href="#">Relate lesson 1</a> <a href="#">Relate lesson 2</a>
Summer 1	<b>LKS2 Module 1, Unit 4</b> Session 1: <a href="#">Life Cycles</a>		<b>LKS2 Module 3, Unit 1</b> Session 1: <a href="#">A Community of Love</a> Session 2: <a href="#">What is the Church?</a>	<a href="#">Relate lesson 3</a> <a href="#">Relate lesson 4</a>
Summer 2			<b>LKS2 Module 3, Unit 2</b> Session 1: <a href="#">How Do I Love Others?</a>	<a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a> <a href="#">Engage lesson 3</a> <a href="#">Engage lesson 4</a>



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## Year 5

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Autumn 1	<b>UKS2 Module 1, Unit 1</b> Story Sessions: <a href="#">Calming the Storm</a>	<b>UKS2 Module 2, Unit 1</b> Session 1: <a href="#">Is God Calling You?</a>		<a href="#">Meet your brain lesson 1</a> <a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a> <a href="#">Meet your brain lesson 4</a> <a href="#">Meet your brain lesson 5</a>
Autumn 2				<a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a> <a href="#">Celebrate lesson 3</a> <a href="#">Celebrate lesson 4</a> <a href="#">Celebrate lesson 5</a> <a href="#">Appreciate lesson 1</a>
Spring 1		<b>UKS2 Module 2, Unit 2</b> Session 1: <a href="#">Under Pressure</a> Session 2: <a href="#">Do You Want A Piece of Cake?</a> Session 3: <a href="#">Self-Talk</a>		<a href="#">Appreciate lesson 2</a> <a href="#">Appreciate lesson 3</a> <a href="#">Appreciate lesson 4</a>
Spring 2		<b>UKS2 Module 2, Unit 3</b> Session 1: <a href="#">Sharing Isn't Always Caring</a> Session 2: <a href="#">Cyberbullying</a> Session 3: <a href="#">Types of Abuse</a> Session 4: <a href="#">Impacted Lifestyles</a> Session 5: <a href="#">Making Good Choices</a> Session 6: <a href="#">Giving Assistance</a>		
Summer 1			<b>UKS2 Module 3, Unit 1</b> <a href="#">Session 1: The Trinity</a> Session 2: <a href="#">Catholic Social Teaching</a>	<a href="#">Relate lesson 1</a> <a href="#">Relate lesson 2</a> <a href="#">Relate lesson 3</a> <a href="#">Relate lesson 4</a>
Summer 2			<b>UKS2 Module 3, Unit 2</b> Session 1: <a href="#">Reaching Out</a>	<a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a> <a href="#">Engage lesson 3</a> <a href="#">Engage lesson 4</a>





# PSHE & RSE YEARLY OVERVIEW



## Year 6

Term	Ten:Ten- Life to the Full			My Happy Mind
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Autumn 1				<a href="#">Meet your brain lesson 1</a> <a href="#">Meet your brain lesson 2</a> <a href="#">Meet your brain lesson 3</a> <a href="#">Celebrate lesson 1</a> <a href="#">Celebrate lesson 2</a> <a href="#">Appreciate lesson 1</a> <a href="#">Appreciate lesson 2</a>
Autumn 2	<b>UKS2 Module 1, Unit 1</b> Story Sessions: <a href="#">Calming the Storm</a>			<a href="#">Relate lesson 1</a> <a href="#">Relate lesson 2</a> <a href="#">Engage lesson 1</a> <a href="#">Engage lesson 2</a>
Spring 1	<b>UKS2 Module 1, Unit 2</b> Session 1: <a href="#">Gifts and Talents</a> Session 2: <a href="#">Girls’ Bodies</a> Session 3: <a href="#">Boys’ Bodies</a> Session 4: <a href="#">Spots and Sleep</a>			
Spring 2	<b>UKS2 Module 1, Unit 3</b> Session 1: <a href="#">Body Image</a> Session 2: <a href="#">Peculiar Feelings</a> Session 3: <a href="#">Emotional Changes</a> Session 4: <a href="#">Seeing Stuff Online</a>			
Summer 1		<b>UKS2 Module 1, Unit 4</b> Session 1: <a href="#">Making Babies (Part 1)</a> Session 2: <a href="#">Making Babies (Part 2)</a> Session 3: <a href="#">Menstruation</a>		<a href="#">Transition Meet your brain lesson 1</a> <a href="#">Transition Meet your brain lesson 2</a> <a href="#">Transition Meet your brain lesson 3</a> <a href="#">Transition Celebrate lesson 1</a> <a href="#">Transition Celebrate lesson 2</a> <a href="#">Transition Celebrate lesson 3</a>
Summer 2			<b>UKS2 Module 3, Unit 1</b> Session 1: <a href="#">The Trinity</a> Session 2: <a href="#">Catholic Social Teaching</a> <b>UKS2 Module 3, Unit 2</b> Session 1: <a href="#">Reaching Out</a>	<a href="#">Transition Appreciate lesson 1</a> <a href="#">Transition Appreciate lesson 2</a> <a href="#">Transition Relate lesson 1</a> <a href="#">Transition Relate lesson 2</a> <a href="#">Transition Engage lesson 1</a> <a href="#">Transition Engage lesson 2</a>



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